

Abstract	page
	i
Acknowledgements	iii
Contents	v
List of Figures	ix
List of Tables	xi
List of Symbols	xiii
List of Abbreviations	xv

Chapter 1: INTRODUCTION

1.1	Introduction	1
1.2	Carrier based DDS: categories and usages	2
	1.2.1 Supramolecular DDS	3
	1.2.2 Polymeric DDS	3
	1.2.3 Nanoparticles based DDS	4
1.3	Structure, dynamics and molecular interaction of DDS: Qualitative & Quantitative Analytical Tools	4
	1.3.1 Optical spectroscopic, thermal and Microscopic techniques	4
	1.3.2 NMR investigation of DDS	5
1.4	Solution state NMR methods to investigate DDSs	6
	1.4.1 Chemical Shift based studies	7
	1.4.2 NMR Relaxation based studies	7
	1.4.3 Magnetization transfer based methods	8
	(a) Nuclear Overhauser Enhancement (NOE)	8
	(b) Chemical exchange	9
	1.4.4 Diffusion coefficient based methods	9
1.5	Solid state NMR methods to investigate DDSs	9
1.6	Scope of the thesis	10

Chapter 2: Theoretical background of NMR parameters for probing drug delivery systems

2.1	Introduction	13
2.2	Measurement of chemical shift and its application in DDS	14
	2.2.1 Determination of stoichiometry of host:guest complex (Job's plot)	14
	2.2.2 Determination of association constant of host:guest complex (Scott's plot)	14
2.3	Measurement of NMR relaxation and its application in DDS	15
	2.3.1 Bloch equations	15
	2.3.2 Auto and cross-relaxation- Solomon equation	16
	2.3.3 Spectral density and Correlation functions	17
	2.3.4 Relaxation mechanisms	18
	(a) Dipolar mechanism	18
	(b) Chemical Shift anisotropy	19
	2.3.5 Measurement of spin-lattice (longitudinal) relaxation time (T_1): Inversion-recovery method	19
	2.3.6 Probing molecular motion by nonselective and selective relaxation rates	20
	2.3.7 Cross-relaxation rates	22
	2.3.8 Measurement of spin-spin relaxation time (T_2): Spin-echo method	22
2.4	Magnetization transfer based NMR measurements	23
	2.4.1 Nuclear Overhauser Effect (NOE)	23
	(a) NOESY experiment	24
	(b) ROESY experiment	26
	2.4.2 Chemical exchange	27
	(a) Exchange spectroscopy (EXSY) experiment	29
	(b) Multiply selective inversion recovery experiment	30
2.5	Translational diffusion measurements	32
	2.5.1 Determination of Diffusion coefficient	32

2.6	Solid state NMR methods	33
2.6.1	Cross- Polarization (CP)	33
2.6.2	Measurement of spin-lattice relaxation time (T_1) in solids	34

Chapter 3: NMR investigation of cyclodextrin based supramolecular drug delivery system:

Part I

3.1	Introduction	35
3.2	Methodology	37
3.2.1	Chemical shift measurement	37
3.2.2	Determination of stoichiometry and binding Constant	37
3.2.3	Measurement of molecular rotational correlation time	38
3.2.4	Initial rate approximation	38
3.2.5	Measurement of internuclear distances	39
3.2.6	DFT calculation	40
3.3	Experimental Section	40
3.3.1	Materials	40
3.3.2	Technical details of NMR experiments	40
3.3.3	Computational details	41
3.4	Results and discussion	41
3.4.1	Chemical shifts analysis	41
3.4.2	Stoichiometry and binding Constant	42
3.4.3	Spin-lattice relaxation rates and molecular rotational correlation time	43
3.4.4	Cross-relaxation rates	45
3.4.5	Intermolecular proton distances	47
3.4.6	Geometrical structures of the inclusion complexes	47
3.5	Conclusion	48

Chapter 4: NMR investigation of cyclodextrin based supramolecular drug delivery system:

Part II

4.1	Introduction	49
4.2	Methodology	50
4.2.1	1D selective ROE measurements	50
4.2.2	DFT calculations	51
4.3	Experimental Section	51
4.3.1	Materials	51
4.3.2	Technical details of NMR experiments	52
4.3.3	Computational Details	52
4.4	Results and discussion	52
4.4.1	Chemical shifts, peak intensities and presence of NOE cross peaks	52
4.4.2	Molecular Rotational correlation times (τ_c)	54
4.4.3	Interproton distance measurement	54
	(a) Cross relaxation rate (σ_{ij}) measurement in case of DFL_β-CD	56
	(b) 1D selective ROE measurements in case of DFL_HP-β-CD	56
4.4.4	Proposed structure of the inclusion complexes	58
4.5	Conclusion	59

Chapter 5: NMR investigation of PLGA based polymeric microsphere drug delivery systems

5.1	Introduction	61
5.2	Methodology	63
5.2.1	Measurement of molecular mobility	63
5.2.2	Measurement of chemical exchange rates in case of 5-FU_PLGA	64
5.2.3	Measurement of diffusion coefficient and hydrodynamic radius in case of RSP_PLGA	65
5.3	Technical details	65
5.3.1	Materials	65
5.3.2	Preparation of drug loaded PLGA microsphere	65
	(a) Preparation of 5-FU loaded PLGA microsphere (5-FU_PLGA)	66
	(b) Preparation of Risperidone loaded PLGA microsphere (RSP_PLGA)	66
5.3.3	NMR Analysis	66

5.4	Results and discussion	67
	Case 1. Solution dynamics of 5-fluorouracil entrapped in PLGA microsphere	67
	5.4.1 <i>Dynamic behavior of 5-FU in free and encapsulated state</i>	67
	5.4.2 <i>Quantification of drug loading</i>	70
	5.4.3 <i>Quantification of motional dynamics and confirmation of encapsulation</i>	71
	5.4.4 <i>Quantification of exchange rate by 1D selective excitation method</i>	72
	(a) <i>1D selective NOE</i>	72
	(b) <i>1D multiply selective inversion recovery experiments</i>	73
	Case 2. Motional behavior of RSP_PLGA microsphere	75
	5.4.5 <i>Measurement of ¹H and ¹⁹F NMR chemical shifts</i>	75
	5.4.6 <i>Quantification of motional dynamics and confirmation of encapsulation</i>	76
	5.4.7 <i>Measurement of self-diffusion coefficient and hydrodynamic radius</i>	78
5.5	Conclusion	79
Chapter 6: NMR investigation of ZnO nanoparticle based drug delivery system		
6.1	Introduction	81
6.2	Materials and Methods	82
	6.2.1 <i>Materials</i>	82
	6.2.2 <i>Preparation of ZnO nanoparticles</i>	82
	6.2.3 <i>Preparation of ZnO_Drug Nanocomposite</i>	83
	6.2.4 <i>Characterization of free and drug loaded ZnO nanoparticles</i>	83
	(a) <i>Optical band gap measurement</i>	83
	(b) <i>Crystalite size measurement</i>	83
	(c) <i>Solid state NMR analysis</i>	83
6.3	Results and discussion	84
	6.3.1 <i>Characterization of free ZnO NPs</i>	84
	6.3.2 <i>UV-DRS analysis of free and drug loaded ZnO NPs</i>	86
	6.3.3 <i>X-ray Diffraction (XRD) analysis</i>	87
	6.3.4 <i>¹³C CP-MAS NMR</i>	88
	6.3.5 <i>¹³C spin-lattice relaxation time measurement</i>	90
6.4	Conclusion	90
Chapter 7: Summary		93
References		95
Publications		112

